

Rifle Run North– COVID-19 Management Plan Summary 20th September 2020

This document summarises the COVID-19 management methodology the event will adopt.

This is a live document that is likely to change as more information becomes available and the Government updates its advice. A more detailed plan can be requested.

To ensure the safety of participants and staff Rifle Run North will follow the advice and guidance from the UK Government and local authority where relevant.

EVENT NOTES

Rifle Run is a time trial event with start waves reduced from 5 participants to individual/household start times.

Rifle Run will be restricted to 100 participants, there is no mass start or large gatherings across the event and social distancing in line with government guidelines will be enforced across the event.

PRE-EVENT

1. Registration packs providing everything a participant needs will be mailed to the participants address 2 weeks before the event. This pack will include a 'section 21' form which must be completed and handed in to event staff on the day.

Please contact us with details of anyone in your household you are running with.

2. Do not travel to Rifle Run if you are displaying any symptoms of COVID-19 or you have been advised to self-isolate. Anyone unable to attend for these reasons will be entitled to a full refund.

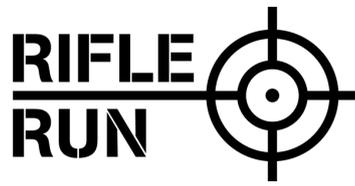
ARRIVAL AT THE EVENT

3. A participant needs to arrive at the site 30 minutes before their designated start time, ready to go. There will be **no changing facilities** on site and toilets availability will be managed to allow for appropriate cleaning.

4. On arrival participants will need to

- Check in.
- Hand in section 21 paperwork.
- Await your start time.

5. Temperature checks will be conducted on all staff and participants if required at the point of arrival. Anyone with a high temperature will not be allowed on-site and is entitled to a full refund.



6. Social distancing will be enforced across the event except the shooting stations where the wearing of PPE will be in place. Each participant will be allocated a start time at set intervals.

WHEN YOU FINISH

7. Medals will be collected from a stand at the finish line and a finish line photograph will be taken. Unfortunately, there will be no handshakes or hugs permitted at the finish line.

Hygiene / PPE

8. Compulsory hand washing points will be positioned at the three shooting stations around the route and the event start and finish area.

All key locations and “interaction zones” will be cleaned regularly and hand gel will be readily available throughout the event.

9. Each shooting station will be manned by a shooting instructor wearing PPE, the equipment will be cleaned between each participant using antiviral wipes. Participants will be required to wear a mask (provided) at each shooting station, these will be put on at the handwashing station before the shooting station and disposed of as the participants leave the shooting station.